

Commission on Native Children
July 28, 2020
4-5:30 pm ET/12-1:30 pm AK

Virtual Panel: Youth Substance Use Prevention

This panel will address issues around substance use among Native youth. Speakers will provide an overview of issues related to Native youth substance use, highlighting what is known from research and practice to be effective in preventing and addressing problematic substance use. Speakers will highlight models that have been tested, implemented, and evaluated with youth in diverse Native communities, including challenges and opportunities.

Agenda

- Introductions and welcome Chair
- Overview of Commission and goals of meeting Chair
- Alicia Mousseau, National Native Children’s Trauma Center

Alicia Mousseau (*Oglala Lakota*), PhD, Training and Technical Assistance Specialist, National Native Children's Trauma Center is the daughter of the late John and Vera Mousseau and the granddaughter of the late James and Lena Mousseau from Porcupine, South Dakota. Her hunka parents are Howard Brown and Karen Spoonhunter-Brown of Arapahoe, Wyoming. Alicia received her PhD in Clinical Psychology from the University of Wyoming in 2012. Her current professional work with the National Native Children’s Trauma Center includes developing a supplement to a school-based cognitive behavioral trauma intervention for American Indian youth and creating a collaborative trauma resilient tribal systems framework. She also currently serves as a member of the Oglala Sioux Tribe Research Review Board. Her previous work included culturally adapting and implementing a family-based substance use prevention program with Lakota families. Other work of Alicia’s has focused on examining self-regulation, affect, and substance use among American Indian youth, including examining mindfulness techniques to reduce risky behaviors. Overall, Alicia is dedicated to promoting prevention and health equity in American Indian communities through community-based research and capacity building.

Dr. Mousseau will provide an overview of issues around youth substance use and will share information about work she has participated in adapting and implementing a family-based substance use prevention program on the Pine Ridge reservation.

- Mac Hall, National Indian Youth Leadership Project

McClellan Hall is of Cherokee ancestry. He is the Founder and Executive Director of the National Indian Youth Leadership Project. Mac is a graduate of the Native Teacher Education program at the University of Washington and holds a Masters in Education from Arizona State University. Mac is a former teacher and principal of tribal schools. He was a member of the SAMHSA Native American Center for Excellence Expert Panel on Prevention and Co-lead of their American Indian/Alaska Native Task Force on Suicide Prevention. Mac is the developer of Project Venture, a SAMHSA Evidence-Based program that was

recognized as the Most Effective program for Native American youth in SAMHSA's National High Risk Youth Study. He and his wife of 42 years, live in Santa Fe, NM, where they are helping raise grandchildren. Mac is the recipient of several awards, including the Kurt Hahn Award, from the Association for Experiential Education, the Spirit of Crazy Horse Award from the Black Hills Institute and the Alice King Public Service Award, for the state of New Mexico. Mac is the recipient of the Alec Dickson Servant Leader Award and has been nominated for the Purpose Prize for 2015. Mac was the recipient of the Indian Health Service Director's Behavioral Health Achievement award. Currently Mac is doing consultant work with several organizations and is the President/CEO of NIYLP.

Mr. Hall will discuss a nationwide, evidence-based model for youth substance use prevention (Project Venture).

- Robin Sigo, Suquamish Tribe

Robin Little Wing Sigo is the Tribal Council Treasurer for the Suquamish Tribe. She is also the Director of the Research and Strategic Development Department. Treasurer Sigo has served on many boards, including the Suquamish Museum, Port Madison Enterprises, and Kids in Concert. Over her professional career, she has been a grant writer, mental health therapist, research investigator, and administrator. These experiences have helped shape her service on the Suquamish Tribal Council. On Tribal Council, Sigo focuses on upholding tribal sovereignty, budget planning, community mental health, strategic planning, and addressing poverty. After receiving an undergraduate degree in cultural anthropology, Robin dove into tribal government work before going back for her master's degree in social work from the University of Washington. Most importantly, Robin is a mother to four amazing kids, ages 10-19. Her children keep her grounded, busy, and inspired.

Ms. Sigo will discuss Healing of the Canoe, a curriculum for youth substance use prevention in the Pacific Northwest.

- Questions and discussion Chair
- Wrap up Chair